The Abbreviated Math Anxiety Scale was developed by Hopko, Mahadevan, Bare and Hunt (2003).

Hopko, D. R., Mahadevan, R., Bare, R. L., & Hunt, M. K. (2003). [The abbreviated math anxiety scale (AMAS) construction, validity, and reliability.](https://www.researchgate.net/profile/Stephen_Joy/post/Hello_Can_anyone_tell_me_how_to_access_the_Abbreviated_Math_Anxiety_Scale_developed_by_Derek_Hopko2/attachment/59d624eb79197b80779833c8/AS%3A315374518636545%401452202552608/download/Math%2BAnxiety%2BScale%2BAbbreviated%2B2003.pdf) Assessment, 10(2), 178-182.

# Abbreviated Math Anxiety Scale

For each item, please tell us how anxious it would make you feel.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  | **1****Low Anxiety** | **2** | **3** | **4** | **5****High Anxiety** |
| 1 | L | Having to use the tables in the back of a maths book. |  |  |  |  |  |
| 2 | E | Thinking about an upcoming maths test one day before. |  |  |  |  |  |
| 3 | L | Watching a teacher work an algebraic equation on the blackboard. |  |  |  |  |  |
| 4 | E | Taking an examination in a maths course. |  |  |  |  |  |
| 5 | L | Listening to a lecture in maths class. |  |  |  |  |  |
| 6 | E | Being given a homework assignment of many difficult problems that is due the next class meeting |  |  |  |  |  |
| 7 | L | Listening to another student explain a maths formula. |  |  |  |  |  |
| 8 | E | Being given a “pop” quiz in maths class. |  |  |  |  |  |
| 9 | L | Starting a new chapter in a maths book. |  |  |  |  |  |

L = Learning Subscale, E = Evaluation subscale