# The Autism Spectrum Quotient 10 items scale was developed by Allison, Auyeung, and Baron-Cohen (2012).

# Allison, C., Auyeung, B., & Baron-Cohen, S. (2012). [Toward Brief “Red Flags” for Autism Screening: The Short Autism Spectrum Quotient and the Short Quantitative Checklist in 1,000 Cases and 3,000 Controls.](http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.232.4537&rep=rep1&type=pdf)*Journal of the American Acad of Child & Adolescent Psychiatry, 51*(2), 202-212.

# Autism Spectrum Quotient 10 items – Adults

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | **1**  **Definitely Agree** | **2**  **Slightly Agree** | **3**  **Slightly Disagree** | **4**  **Definitely Disagree** |
| 1 | I often notice small sounds when others do not |  |  |  |  |
| 2 | I usually concentrate more on the whole picture, rather than the small details |  |  |  |  |
| 3 | I find it easy to do more than one thing at once |  |  |  |  |
| 4 | If there is an interruption, I can switch back to what I was doing very quickly |  |  |  |  |
| 5 | I find it easy to ‘read between the lines’ when someone is talking to me |  |  |  |  |
| 6 | I know how to tell if someone listening to me is getting bored |  |  |  |  |
| 7 | When I’m reading a story I find it difficult to work out the characters’ intentions |  |  |  |  |
| 8 | I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc) |  |  |  |  |
| 9 | I find it easy to work out what someone is thinking or feeling just by looking at their face |  |  |  |  |
| 10 | I find it difficult to work out people’s intentions |  |  |  |  |

## Scoring - Adult AQ-10:

For questions 1, 7, 8, and 10, award one point if the response was ‘Slightly Agree’ or ‘Definitely Agree’.

For questions 2, 3, 4, 5, 6, and 9, award one point if the response was ‘Slightly Disagree’ or ‘Definitely Disagree’.